



Training For Life, One Step At A Time

STUDENTS RUN OAKLAND 2009-2010 - WAIVER FORM

I hereby give permission for my son/daughter/legal guardian _____
(Date of Birth: __/__/__) to participate in the *Students Run Oakland* marathon training program, including weekday workouts, Saturday long runs and occasional practice races on Sundays. I understand that if my child successfully completes the program, and is cleared for participation by *Students Run Oakland*, my child will participate in the Los Angeles Marathon in March 2010, including all expenses paid travel to Los Angeles with *Students Run Oakland* and a tour of Los Angeles the day after the race. I also understand that there is no guarantee that my child will participate in the Los Angeles Marathon, and that the decision regarding attendance at the marathon is in the sole discretion of *Students Run Oakland*.

As the parent/legal guardian of the above-named student, a minor, or as a student age 18 or over, I agree that I and the student will abide by the rules and regulations of *Students Run Oakland*. I, for myself and the student and our respective heirs, administrators and successors, intending to be legally bound, hereby release and indemnify *Students Run Oakland*, the owners and operators of the facilities used for the *Students Run Oakland* programs, and their respective directors, officers, employees, volunteers, agents and representatives from and against all claims, liabilities, damages or causes of action arising out of or in connection with the student's participation in *Students Run Oakland* programs including, without limitation, student's transportation to/from any program, which transportation is hereby authorized. I further grant *Students Run Oakland* the right to use the student's name, picture and/or likeness in printed, broadcast and other material concerning the programs provided such use is related to the student's status as a participant in the programs. I also give my permission to *Students Run Oakland* to receive a grade report on the student at regular intervals throughout the school year. Furthermore, I hereby give my permission to *Students Run Oakland* to sign as guardian on the entry forms for racing events in which *Students Run Oakland* will be participating, including but not limited to the Los Angeles Marathon.

Parent or Legal Guardian Name (Print): _____

Parent / Legal Guardian Signature: _____ Date: _____

Address: _____

Home: _____ Work: _____ Cell: _____

Emergency contact if I cannot be reached:

Name (Print): _____ Relation: _____

Home: _____ Work: _____ Cell: _____



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CONSENT FOR MEDICAL TREATMENT (MINOR)

As the parent/legal guardian of the above-named student, or as a student age 18 or over, I hereby give consent for emergency medical care prescribed by a duly licensed Doctor of Medicine or Doctor of Dentistry. This care may be given under whatever conditions are necessary to preserve the life, limb or well-being of the student.

Parent or Legal Guardian Name (Print): _____

Parent / Legal Guardian Signature: _____ Date: _____

IMPORTANT NOTICE:

If a runner is the age of 14 or younger on the day of the Marathon, parents need to know that the American Academy of Pediatrics and the American College of Sports Medicine have recommended that children under the age of 14 not participate in a 26.2 mile marathon.