



Training For Life, One Step At A Time

ASTHMA POLICY

It is the goal of the Students Run Oakland (SRO) that all students are able to participate in all aspects of the training and reach their potential. Many students are affected by asthma, a condition that does not necessarily preclude them from physical activity or achievement. To that end, SRO is setting this policy to ensure a healthy and safe environment.

SRO defines a healthy and safe environment as one in which adults work together to provide the following:

- 1) Educate Staff, Volunteers, Students, and Parents/Guardians about Asthma
 - Ensure that all staff and volunteers be provided with in-service training updated annually by a Nurse or other Educator who has had asthma training.
 - Provide a brief written summary, including basic asthma facts and the SRO policy regarding asthma medications, to volunteers and to the parents/guardians of children with asthma.

- 2) Establish Management and Support Systems for Students with Asthma
 - Identify students who have asthma and/or are at risk for severe asthma attacks by including relevant questions on the Student Health Questionnaire, or Student Emergency Card.
 - Provide a list of students identified with potential respiratory impairment to the school coaches and weekend coaches and update the list as needed.
 - Ensure that students with asthma carry and self-administer asthma medications with signed release by a parent/guardian and medical provider. **For the safety of students, those without their inhalers will be precluded from participating in any SRO activities.**

- 3) **In the advent of any emergency - Call 911**

By signing below, any student with asthma and parent / legal guardian of the student has an understanding of the SRO Asthma policy and agrees to abide by it.

Student Name: _____ Date: _____

Signature of Student: _____

Parent/Legal Guardian Name: (Print) _____

Signature of Parent/Legal Guardian: _____